

- ◆ The Tricep Extension/Pull Over combo machine allows you to train your Lats and chest and triceps all in one machine. The foot lever lets the user choose a comfortable starting position and aids in supporting the weight once the exercise is completed.

TRICEP EXTENSION /
PULLOVER COMBO.

JPB-208

- ◆ **DIMENSION:**
Length : 54 inches / 137 cms
Width : 46 inches / 117 cms
Height : 72 inches / 183 cms
Weight Stack : 220lbs / 100kg

- ◆ **MUSCLE WORKED:**
Latissimus Dorsi
Triceps Brachii

